

Birmingham Falls



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search

[home](#)

[competitions](#)

[groups](#)

[stories](#)

[issues](#)

[places](#)

[Competitions](#) » [All Competitions](#) » [The Atlanta Falcons Youth Fitness Contest: 60 Ways To Play 60](#) » [Entries](#) » [JAMmin' Minutes](#)

JAMmin' Minutes

by [Jill Belasick](#) | Sep 23, 2009
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Summary:

Birmingham Falls Elementary PTA is introducing "JAMmin' Minutes" activity routines. These are simple one-minute exercises that students can do right at their desks. Teachers could use these for activity breaks throughout the day. We hope to get the whole school involved by demonstrating via future television broadcasts, pending funding.



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